

# District 30 Newsletter

district30aa.com

4/1/2017

Volume 3, Edition 3

## *Message from The District Chair*

Greetings District 30

Driving home from our last District 30 meeting in Checotah I was overwhelmed with gratitude for the privilege of being a member of a fantastic district of Alcoholics Anonymous. We engaged in spiritual debate, with passion, asking God to guide us. I felt blessed to be a part of the process. I want to

and in my opinion served our district well. My sobriety is very closely linked to the amount of service I perform for those around me and serving district 30 is just one way I stay in the middle of Alcoholics Anonymous. After all our book tells me I have only one purpose; To

### *Next District Meeting*

June 4, 2017

Fellowship @ 9 am Meeting @ 9:30

Location: TBA

congratulate everyone in attendance on a job well done and show my appreciation for how well the groups of District 30 were represented. Being a part of the district service structure is, for the most part, a thankless job. Very few people ever experience service at that level and only those who have realize what a fulfilling endeavor it is. We discussed some very pertinent topics

carry the message of hope contained in the Big Book of Alcoholics Anonymous to the next suffering alcoholic.

Our next District meeting is tentatively set for June 4 in Owasso. Be on the lookout for newcomers that might want to join us!

Your humble servant,

Matt Lane,

District 30 Chair

## *District Committee*

•••

Archives- Barbara L

Bridge the Gap- Atoka B

Cooperation's with  
Professional Community-  
Zach S

Corrections- Bill B

Grapevine- Thomas G

Gratitude- Michael B

Language Services- John H

Public Information- Wayne

Policy and Procedures-  
David C

Technology- Diane N

Treatment- Patrick D

District Chair- Matt L

Secretary- Nicole M

Treasurer- Dewey S

## *Archives Report*

Submitted by Barbara

Please take a moment to read the groups names below:

Beginning Group, Bixby Group, Claremore Pioneer Group, Friendship Group, Genesis Group, Langley Group, Locust Grove Group, New Day Group, New Hope Group, Nowata Group, Southeast Group, Stilwell Group, Tahlequah Eastside Group, Tulsa Big Book, Tulsa Group, Twelve & Twelve Group, Vinita Group & Wagoner Group.

Do you see your group's name?

If no, then your group's history is not stored at the Area 57 State Office!

The office stores the District 30 AA Group's history for all those who have filled out their "Area 57 Archives Group History Project".

Please take a couple of hours and ask questions of those who know about your groups history, if there is no one who knows, then take the time to fill out the form as best you can with the things you know. Call me and I can ask those questions if needed.

Please help preserve the history for all those who will be coming in the doors in the future.

There is also a Long timer history interview, for those who like to talk about their AA history.

Thanks for letting me be of service,

Barbara L.

District 30, Archives Chair

archives@district30aa.com

## *Bridge the Gap Report*

Submitted by Atoka B

No report submitted this quarter

bridgethegap@district30aa.com

## *CPC Report*

Submitted by Zach S

Report: Over the past quarter I have had the opportunity to carry the message of AA again to the students of the NSU social work program. My hope is to continue to build this relationship with NSU and make this a regular activity for CPC chairs and volunteers to take part in. Future social

workers are a great group of soon to be professionals to cooperate with. Almost all social workers will have frequent contact with individuals struggling with substance abuse, many of whom will not have the financial resources to participate in formal rehabilitation programs. Making these future professional aware of what AA is, what it can do, and what it is unable to do is an efficient way to extend the hand of AA to those still suffering. This past quarter I was also able to visit several inpatient mental health facilities. Mental health facilities commonly make referrals to AA or other similar twelve step programs. Shadow Mountain was kind enough to invite me to visit with the entire treatment team for their adult unit. During this visit I was able to speak with physicians, nurses, therapist, case managers, and front line staff about AA, the primary purpose of AA, and also share with them the opportunity to refer patients that may be potential alcoholics to the Tulsa areas' New to AA meeting giving their patients a tangible referral point, and direct contact with members of AA. The New to AA meeting is a great resource for both district 30 and 40 to utilize. Unfortunately it is struggling at this time. This meeting was the brain child of David C. and modeled off of an OKC meeting. It has been widely successful in areas that have tried it. Please help us get this meeting off the ground! The New to AA meeting is in need of volunteers to chair meetings, and provide temporary sponsorship. This does not have to be a regular commitment. Even if you are only able to chair one meeting let us know! For more information about volunteering for this meeting you can utilize the district 30 website or send me an email and I will put you in contact with the right people. If you are not personally interested feel free to volunteer a sponsee ;). I am also in need of people to volunteer to help me carry the message of AA to professionals in our district. Also, if you personally work in the mental health, medical, education or any other field that commonly has contact with alcoholics still suffering and would like someone to come speak with your employer about AA shoot me an email through the website and I will work to set something up. Once again I would like to thank the district and Matt for allowing me to serve in this capacity.

Best Wishes,

Zach S.

cpc@district30aa.com

## *Corrections Report*

Submitted by Bill B

First, I want to thank Matt for giving me the honor and privilege of serving as the District 30 Corrections Chair. I look forward to the opportunity to serve our District.

Right now I am working on a list of correction facilities that our district groups/members take meetings into. I have one person who I know is taking meetings into Jess Dunn and Eddie Warrior and another one who is in the process of becoming badged. I am asking that if you or someone you know from a group in District 30 is taking a meeting into a correctional facility (this includes local facilities such as county jails) please contact me so I can add you to the list.

If you are interested in becoming a DOC volunteer please contact me and I can walk you through the sign up process. If you are DOC badged and looking for an opportunity to serve in a DOC facility please contact me and I will help get you into contact with that facilities contact person.

If you want to take a meeting into a local facility and need help I have experience with this and would love

to help in any way I can. If you know of a facility within our District that could possibly use an AA meeting let me know and I will do my best to see that AA reaches that correctional facility.

Again thank you for allowing me to be of service and may we all continue to trudge the Road of Happy Destiny,

Bill B

Cell-918-822-4986

Corrections@district30aa.com

## *Grapevine Report*

Submitted by Thomas G

Hello District 30! First off I want to thank Diane for getting Grapevine a link on the D30 website to help us collect old/used Grapevines. I would also like to remind everyone that we are always in need of Grapevines. Of all the materials we bring to our monthly H&I meetings, Grapevines are always the first things to go. One of my favorite things about Grapevine is the fact that we get to pass them on to friends, Sponsees, inmates, and treatment centers over and over again, and our "meeting in print" is vital to the latter two in carrying the message. That being said one great benefit of the somewhat new Grapevine app is the ability to email your favorite articles to other members. This quarter we were able to help several people get signed up for new subscriptions while manning our table at the big meeting. The Grapevine has carried over the same offer from the Holidays so you can still Buy one GIFT subscription and receive 57% off the 2nd GIFT subscription. What better way to be your Sponsor's favorite Sponsee, or win back that special someone your Sponsor doesn't know about than by giving them the gift of the Grapevine. If anyone needs info about getting a GVR (Grapevine Rep) for your own group please get with me. Thank you as always for the opportunity to serve.

Thomas G

grapevine@district30aa.com

## *Ok Gratitude Plan Report*

Submitted by Michael B

No Report Given

gratitude@district30aa.com

## *Language Services Report*

Submitted by John H

Since the last district meeting, Central Services forwarded to me, two phone numbers of alcoholics needing an American Sign Language interpreter. I was able to put them in touch with an interpreter and numbers of meetings near their residence.

There have also been suggestions for the committee to provide wheelchairs at the state conference for AA members suffering from COPD, a lung disease that makes it extremely difficult for someone with COPD to breathe, especially when walking long distances. An example used was the distance at last year's state conference from the hotel to the conference center. I am pleased to announce that I have secured three wheelchairs for any AA member attending the conference this year who may feel the need for it's use. The challenge now comes getting the word to AA groups in Oklahoma and getting volunteers to assist wheeling those members around. I am working on both endeavors.

I hope to see you good people at the state conference in Oklahoma City. A service workshop is being conducted that is worth your while to visit and get first hand information on the various committees that AA utilizes to spread the message of AA. Until then, I remain.

Peace, John H

languageservices@district30aa.com

### *Public Information Report*

Submitted by Wayne L

Events:

March 23 (Thursday) - OU School of Nursing

Schusterman Center

Tulsa 1pm-2:30pm

Fair Booth Committee

Help us when needed to have a successful Fair Booth in Tulsa this year. More detail to follow when available.

August 29 & 30th (Tuesday & Wednesday)

TCC Metro Campus

Tulsa

11am - 2:30pm

Thanks

Wayne Loucks

publicinformation@district30aa.com

### *Policy and Procedures Report*

Submitted by David C

A change to the PNP manual has been proposed by a GSR that will officially create the position and duties of our new web master and offer general guidelines for the new District 30 website.

In the next quarter, additional PNP manual changes will be proposed to clean and clarify each of the sections, especially the service committee's descriptions

If anyone has a need to propose a PNP change - please submit the change in writing via email to [policyandprocedures@district30aa.com](mailto:policyandprocedures@district30aa.com)

### *Technologies Report*

Submitted by Diane N

It's been an exciting quarter in the technology world. I am happy to report we have had 278 visitors over the past quarter. 754 pages have been viewed and 57% are on the mobile page. This is slightly down from the last quarter. I need DCM and committee chairs to use their district emails and I need DCMs and GSR's to make sure all groups know about the website. Remember people can submit bridge the gap cards on the website. Groups are now able to submit the group donations to the district on the website.

If there's anything you would like on the website that you believe would be helpful just let me know and I can add it. Anything to help a committee do their job easier.

Please remember you can submit upcoming events and I can mailchimp them out.

Good Communication is the key to a successful marriage. And good communication within AA is the key to saving more newcomers.

Please Turn your reports directly into the website.

Thanks, Diane

[technology@district30aa.com](mailto:technology@district30aa.com)

### *Treatment Report*

Submitted by Patrick D

Hey District 30, here is just a quick little bit about what is going on in the treatment committee. I am currently looking for anyone that is currently taking, or knows someone who is taking meetings into treatment centers in our district. I have had multiple people ask to get involve, but not sure who to contact and that is what we are going to work on. It is important for people like us and especially for those trying to find us. Please email me at [treatment@district30aa.com](mailto:treatment@district30aa.com). Thank you for allowing me to serve.

Patrick D

[treatment@district30aa.com](mailto:treatment@district30aa.com)

